

SUBJECT: Find Out What Kind of Fats your Brain Needs!

SNIPPET: Researchers have discovered omega-3 fatty acids are essential for your brain health. Are you getting yours?

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[[CUSTFNAME]], YOU HAVE IN VITAPOINTS*

DID YOU KNOW THAT
OMEGA-3 FATTY ACIDS
ARE ESSENTIAL FOR
YOUR BRAIN HEALTH?



Take a look at this short video and an article about the importance of Omega-3s in your diet – and how to get them.

You're just a click away from health tips you can put to use today!



Yours in wellness,
The TriVita Team



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