


SUBJECT: Is Your Brain Getting Enough of This Crucial Vitamin?

SNIPPET: Aging makes critical B12 absorption from food more difficult.

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[[CUSTFNAME]], YOU HAVE IN VITAPOINTS*

DIRTY DOZEN

Causes of B12 Deficiency
That You Need to Know About

Sometimes, we take for granted that we know enough about something because it just seems so common... like vitamins.

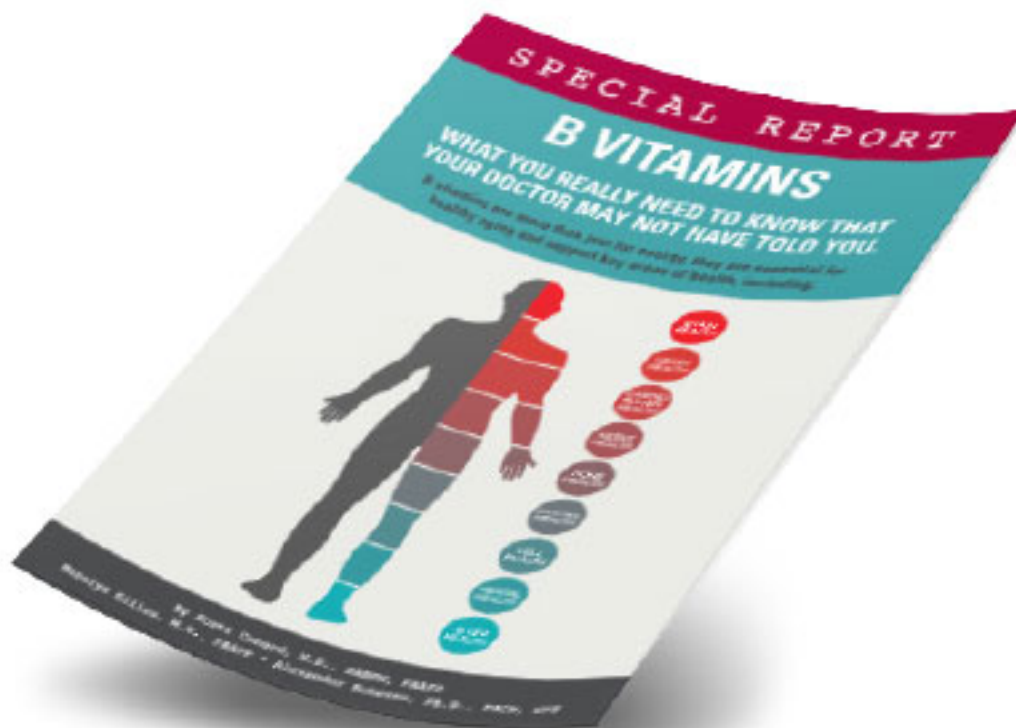
Everyone knows that we should get sufficient vitamins and

minerals in our diet, right? But if you're like many people, you don't actually pay attention to the specific vitamins your body MUST have... and can't store!

So, if your body can't store a particular vitamin that means you have to provide it every, single day.

There's some crucial information you need to know that your doctor may not have told you about vitamin B12 deficiency. Here's the 'Dirty Dozen' list of factors that contribute to B12 deficiency:

1. Age
2. Antacids
3. Anti-inflammatories
4. Alcohol
5. Anesthesia
6. Antibiotics
7. Anti-diabetic medications
8. Atrophic gastritis
9. Autoimmune diseases
10. Anticonvulsants
11. Anemia
12. Avoidance of meat



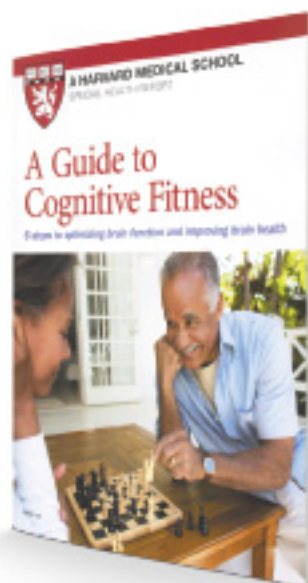
We have put together a special report for you. Download it and keep it for reference, if you choose. It's by some amaz-

ing doctors – **and it's yours free.**

You'll find an explanation of the Dirty Dozen, along with the many body functions that require adequate B12 – it even affects heartburn and your bones.

For your brain, heart, nerves, bones, cells and your emotional and mental health... B12 is critical.

Click to Get the Free Report



Don't miss out on your opportunity to stock up on Alfred Libby's B-12. **Now through March 31**, when you spend \$150 or more, you'll receive *A Guide to Cognitive Fitness*, a 53-page guide from Harvard Medical School for **FREE!**

Yours in wellness,
The TriVita Team



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National Institute of Health states; chronic inflammation is not a specific disease but a mechanistic process.

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